CLAIMS

- A device to treat tissue, comprising:
 an outer tube;
 - an inner tube disposed at least partially within the outer tube; and
 - a dual balloon including an inner balloon and an outer balloon, the inner balloon coupled to the inner tube at a proximal end and at a distal end, the outer balloon coupled to the inner tube at a distal end and to the outer tube at a proximal end, a first interior volume defined between the outer balloon and the inner balloon in fluid communication with an inlet in the volume between the outer tube and the inner tube.

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- 2. The device of claim 1, wherein the inner tube further defines:
 - a quidewire lumen;
 - a supply lumen; and
 - a return lumen.
- 3. The device of claim 2, wherein the supply lumen defines a hole such that a fluid flowing in the supply lumen may be caused to flow into a volume defined by the inner balloon, and wherein the return lumen defines a hole such that a fluid flowing in a volume defined by the inner balloon may be caused to flow into the return lumen.
- 30 4. The device of claim 2, wherein the guidewire lumen extends from a proximal end of the inner tube to a distal end of the inner tube.

- 5. The device of claim 1, further comprising at least two radially extending tabs disposed around a circumference of the inner tube to substantially center the inner tube within the dual balloon.
- 6. The device of claim 1, further comprising at least one marker band disposed on the inner tube to locate a working region of the device at a desired location.

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- 7. The device of claim 1, further comprising a source of chilled fluid having a supply tube and a return tube, the supply tube coupled in fluid communication to the supply lumen and the return tube coupled in fluid communication to the return lumen.
- 8. The device of claim 1, further comprising a source of fluid, the source of fluid coupled in fluid communication to the volume between the inner balloon and the outer balloon.
- 9. The device of claim 7, wherein the fluid is a perfluorocarbon.
- 25 10. The device of claim 9, wherein the fluid is Galden® fluid.
 - 11. The device of claim 10, wherein the fluid is Galden® fluid HT-55.

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12. The device of claim 8, wherein the fluid includes contrast media.

- 13. The device of claim 8, wherein the source of fluid includes a gear pump.
- 5 14. The device of claim 13, wherein the gear pump is one selected from the group consisting of a radial spur gear pump and a helical tooth gear pump.
- 15. A method of reducing restenosis after angioplasty in ablood vessel, comprising:
 - inserting a catheter into a blood vessel, the catheter
 having a balloon;
 - inflating the balloon with a perfluorocarbon such that an exterior surface of the balloon is in contact with at least a partial inner perimeter of the blood vessel, the perfluorocarbon having a temperature in the range of about -10°C to -50°C.
- 16. The method of claim 15, further comprising the step of disposing the catheter at a desired location using at least one marker band.

- 17. The method of claim 15, further comprising flowing the perfluorocarbon into the balloon using a supply lumen and exhausting the perfluorocarbon from the balloon using a return lumen.
- 18. The method of claim 15, wherein the balloon is a dual balloon, and further comprising providing a heat transfer fluid in the volume between the dual balloons.

- 19. The method of claim 18, wherein the heat transfer fluid includes a contrast media fluid.
- 20. The method of claim 15, further comprising disposing the catheter such that at least a portion of the balloon is in a coronary artery.
 - 21. The method of claim 15, further comprising disposing the catheter such that at least a portion of the balloon is in a carotid artery.

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- 22. A method of reducing atrial fibrillation, comprising: inserting a catheter at least partially into the heart, the catheter having a balloon, a portion of the balloon located in the left atrium and a portion of the balloon located in a pulmonary vein;
 - inflating the balloon with a perfluorocarbon such that an exterior surface of the balloon is in contact with at least a partial circumference of the portion of the pulmonary vein adjacent the left atrium, the perfluorocarbon having a temperature in the range of about -10°C to -50°C.
- 25 23. The method of claim 22, wherein the balloon has a working region having a length of between about 5 mm and 10 mm.
- 24. The method of claim 22, further comprising:
 30 inserting a wire capable of rupturing the atrial septum from the femoral vein into the right atrium;

- forming a hole using the wire in the interatrial septum between the right atrium and the left atrium;
- inserting a guide catheter into the right atrium;

 inserting a guide wire through the guide catheter into the right atrium and further into a pulmonary vein;
 - disposing the catheter over the guidewire into a volume defined by the joint of the right atrium and the pulmonary vein.
 - 25. A catheter system for vessel ablation, comprising:
 - a catheter shaft;

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- a warm balloon disposed on the catheter shaft, said
 warm balloon fluidically coupled to at least one
 lumen for inflating and deflating the warm
 balloon; and
- a cold balloon disposed on the catheter shaft, said cold balloon fluidically coupled to two lumens for circulating a cold working fluid to and from the cold balloon, such that said cold balloon is located adjacent but proximal to said warm balloon.
- 25 26. The system of claim 25, wherein said warm balloon is made of silicone tubing.
 - 27. The system of claim 26, wherein said warm balloon is secured by heat shrink tubing.
 - 28. The system of claim 26, wherein said warm balloon is secured by an adhesive.

- 29. The system of claim 26, wherein said warm balloon is secured by bands.
- 5 30. The system of claim 29, wherein said bands are metal.

- 31. The system of claim 25, wherein said working fluid is a perfluorocarbon.
- 32. The system of claim 31, wherein said working fluid is Galden fluid.
- 33. The system of claim 25, wherein said warm balloon is structured and configured to anchor in a pulmonary vein.
- 34. The system of claim 33, wherein said cold balloon is structured and configured to be disposed partially in a pulmonary vein and partially in the left atrium.
 - 35. The system of claim 34, wherein said cold balloon has a length of between about 1 to 2 ½ cm and a diameter of between about 1 to 2 ½ cm.
 - 36. The system of claim 25, further comprising at least one marker band disposed within one or both of the cold balloon and the warm balloon.
- 30 37. The system of claim 25, further comprising a set of mapping electrodes disposed distal of the warm balloon.

- 38. The system of claim 25, further comprising an insulation sleeve disposed around the catheter shaft.
- 5 39. The system of claim 38, wherein the insulation sleeve is formed of a foamed extrusion.
- 40. The system of claim 25, further comprising a silicone sleeve disposed circumferentially about the catheter shaft adjacent a point at which at least one of the cold or warm balloons attaches to the catheter shaft.
 - 41. The system of claim 25, wherein the cold balloon is doped with a biocompatible agent to promote heat transfer.

42. A method of reducing atrial fibrillation, comprising:
inserting a catheter at least partially into the
heart, the catheter having a warm balloon and a
cold balloon proximal of the warm balloon, at
least a portion of the cold balloon located in
the left atrium and at least a portion of the
warm balloon located in a pulmonary vein;
inflating the warm balloon with a biocompatible fluid;
and

- inflating the cold balloon with a perfluorocarbon such that an exterior surface of the cold balloon is in contact with at least a partial circumference of the portion of the pulmonary vein adjacent the left atrium, the perfluorocarbon having a temperature in the range of about -10°C to -70°C.
- 43. The method of claim 42, wherein inflating the warm balloon includes pressurizing the warm balloon to a pressure of between about 1 to 2 atmospheres.

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44. The method of claim 42, wherein inflating the cold balloon includes pressurizing the cold balloon to a pressure of between about 5 to 7 atmospheres.